

Please check appropriate underwriting company:

- ☐ The Lincoln National Life Insurance Company, Service Office: PO Box 21008, Greensboro, NC 27420-1008
- ☐ Lincoln Life & Annuity Company of New York, Service Office: PO Box 21008, Greensboro, NC 27420-1008
- ☐ First Penn-Pacific Life Insurance Company, Service Office: PO Box 21008, Greensboro, NC 27420-1008
(hereinafter referred to as "the Company")

MEDICAL SUPPLEMENT

(Part II of Application)

Proposed Insured (*please print name*) _____ Date of Birth (*mm/dd/yy*) _____

1. Provide full name/address/phone number of personal physician(s) and any other physicians seen within the past 5 years.

Name	Address	Phone
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Name	Address	Phone
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a) Date and reason of last visit: _____

b) Tests performed & treatment received: _____

► If you answer "Yes" to any of the following questions, please provide further information in the "Details" space provided.

- | | Yes | No |
|---|--------------------------|--------------------------|
| 2. Height _____ ft./_____ in. Weight _____ lbs. | | |
| a) Has your weight changed by more than 10 pounds during the past 12 months? | | |
| b) If "Yes", by how many pounds? _____ Gain _____ Loss _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Have you had or been advised by a licensed medical professional to have a check-up, EKG, x-ray, blood or urine test or any other diagnostic test or are you now planning to seek medical advice or treatment for any reason (excluding HIV)? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Have you been a patient in a hospital, clinic, sanatorium or other medical facility, or been advised by a licensed medical professional to have any hospitalization or surgery which has not been completed? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you ever had any indication of, or been treated by a licensed medical professional for: | | |
| a) Chest pain, palpitations, high blood pressure, heart disease, heart murmur, heart failure or other disorders of the heart or blood vessels? | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Any tumor, cancer, cysts, melanoma, lymphoma, or any disorder of the lymph nodes? | <input type="checkbox"/> | <input type="checkbox"/> |
| c) Anemia, leukemia, clotting disorder or any other blood disorder? | <input type="checkbox"/> | <input type="checkbox"/> |
| d) Diabetes, elevated blood sugar, thyroid, or other endocrine or glandular disorder? | <input type="checkbox"/> | <input type="checkbox"/> |
| e) Asthma, emphysema, allergies, sleep apnea, tuberculosis, sarcoidosis, persistent hoarseness or shortness of breath or any other disorder of the respiratory system? | <input type="checkbox"/> | <input type="checkbox"/> |
| f) Seizures, fainting, dizziness, epilepsy, stroke, paralysis or other neurologic or brain disorder? | <input type="checkbox"/> | <input type="checkbox"/> |
| g) Any nervous, mental, or emotional disorder, or received counseling for anxiety, depression, stress or any other emotional condition? | <input type="checkbox"/> | <input type="checkbox"/> |
| h) Ulcers, colitis, jaundice, hepatitis, cirrhosis, gastrointestinal bleeding, or other disorder of the stomach, esophagus, liver, intestines, gallbladder, or pancreas? | <input type="checkbox"/> | <input type="checkbox"/> |
| i) Any complications of pregnancy or disorder of the testicles, prostate, breasts, ovaries, uterus, cervix, kidney or urinary bladder? | <input type="checkbox"/> | <input type="checkbox"/> |
| j) Arthritis, gout, or any disorder of the back, spine, muscles, nerves, bones, joints or skin? | <input type="checkbox"/> | <input type="checkbox"/> |
| k) Any disorder of the eyes, ears, nose or throat? | <input type="checkbox"/> | <input type="checkbox"/> |
| l) Any mental or physical disorder or medically or surgically treated condition not listed above? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you ever been diagnosed as having or been treated by a licensed medical professional for Acquired Immune Deficiency Syndrome or an AIDS related condition? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Do you use alcoholic beverages? (<i>If "Yes", provide type, frequency & amount.</i>) | | |
| Type _____ Frequency _____ Amount _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Have you ever been treated for drug or alcohol abuse or been advised by a licensed medical professional to limit your use of alcohol or any medication, prescribed or not? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. In the past 5 years have you used or experimented with cocaine, marijuana, or other non-prescription stimulants, depressants, or narcotics? | <input type="checkbox"/> | <input type="checkbox"/> |

10. Have you ever used tobacco or products containing nicotine (including, but not limited to, chew tobacco, snuff, nicotine gum and/or patches)? (If "Yes", list below.)

☐ Y ☐ N

Type	Date First Used: (month/year)	Date Last Used: (month/year)	Amount and Frequency:

11. List all medication and dosages you are currently taking or have taken in the last 30 days, including prescriptions, over the counter drugs, aspirin and herbal supplements.

12. **Details:** (List details from questions answered "Yes" and please specify to which question numbers details pertain.)

13.	Age if Living & Health Status	Diabetes, Cancer, Heart Disease? (include age of onset)	Age at Death & Cause
a.) Father			
b.) Mother			
c.) Sibling(s)			

The Undersigned declares that:

I have read or have had read to me the completed Medical Supplement before signing below. All statements and answers in this Supplement are correctly recorded and are full, complete and true. I agree that this Medical Supplement constitutes a part of the application for insurance. I understand that any false statements or material misrepresentations may result in the loss of coverage under the policy.

Signed in _____, this _____ day of _____
(state) (month) (year)

Signature of Proposed Insured
(Parent or Guardian if under 14 years of age)

Printed Name of Proposed Insured

Signature of Witness (Examiner/Licensed Representative/Agent)

Printed Name of Witness (Examiner/Licensed Representative/Agent)

SENIOR SUPPLEMENT

Proposed Insured (*please print name*) _____

Complete Questions 1 to 11 if Proposed Insured is Age 70 or Older, otherwise please proceed to Page 2 for all ages.

ACTIVITIES OF DAILY LIVING

- | | Yes | No |
|---|--------------------------|--------------------------|
| 1. Does the Proposed Insured: | | |
| a) Use any assistive devices for walking such as a wheelchair, walker, or cane, or have difficulty ambulating?
If "Yes", provide details: | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Drive?
If "No", when and why did they stop: | <input type="checkbox"/> | <input type="checkbox"/> |
| c) Have a history of falls in the past year?
If "Yes", describe the frequency and the circumstances of fall(s): | <input type="checkbox"/> | <input type="checkbox"/> |
| d) Exercise?
If "Yes", what type and how often: | <input type="checkbox"/> | <input type="checkbox"/> |
| e) Need any assistance with the following activities: (If "Yes", provide details.) | | |
| Bathing <input type="checkbox"/> Yes <input type="checkbox"/> No House Cleaning <input type="checkbox"/> Yes <input type="checkbox"/> No Taking Medication <input type="checkbox"/> Yes <input type="checkbox"/> No | | |
| Dressing <input type="checkbox"/> Yes <input type="checkbox"/> No Handling Finances <input type="checkbox"/> Yes <input type="checkbox"/> No | | |

2. Ask the Proposed Insured today's date including the year, day of week, month and day of the month.
 Record his/her response: _____

WORD RECALL

3. Point to three objects and ask the Proposed Insured to tell you what they are and indicate that you are going to ask them to recall these later. Record the 3 objects (i.e., pencil, chair, clock).
4. ***Please wait for 5 minutes prior to asking the Proposed Insured to recall the three objects mentioned in question 3.***
 Ask the Proposed Insured to recall the three objects identified earlier. Record his/her response. _____

CLOCK DRAW

5. In the space below this question, ask the Proposed Insured to draw the face of a clock, put the numbers in the correct positions and draw the hands to show the time "ten minutes after eleven."

GET UP AND GO - Instructions for Examiner: *Record observations and time it takes to rise from a straight back chair; walk 10 feet, turn, walk back to the chair and sit down. Time should be recorded in seconds. Expectation is that timing should be ≤15 seconds. Timings >15 second warrant your observations concerning why timing was delayed.*

6. Record time taken for complete process: _____ (seconds only)
7. Was the Proposed Insured able to rise from the chair with ease and unassisted in one attempt? ☐ Yes ☐ No
 If "No", record observation below. _____
8. Did the Proposed Insured walk without the use of a cane, other walking aid or without any type of assistance? ☐ Yes ☐ No
 If "No", indicate the type of aid: _____
9. Was the Proposed Insured's gait steady? ☐ Yes ☐ No If "No", record observation below. _____
10. When the Proposed Insured turned, was it without assistance, with a steady gait and without the use of a walking aid or without holding on to an object or wall? ☐ Yes ☐ No If "No", record observation below. _____
11. Was the Proposed Insured able to sit back down without using any object for support such as the armchair or wall? ☐ Yes ☐ No
 If "No", record observation below. _____

12. Record any observations noted in the Get Up and Go Exam:

Continue to Page 2 for all ages

For Paramed and MD Exam complete questions 13-15

- 13a.) Height (*In Shoes*) _____ ft. / _____ in. b.) Did you measure? ☐ Yes ☐ No c.) Weight (*Clothed*) _____ lbs. d.) Did you weigh? ☐ Yes ☐ No
- e.) Any change in weight in the past year? (If "Yes", provide amount, if gain or loss.) ☐ Yes ☐ No Amount _____ ☐ Gain ☐ Loss

14. BLOOD PRESSURE (<i>If above 140/90, report additional readings below</i>):				15. PULSE	At Rest	After Exercise	3 Min. Later
Systolic				Rate			
Diastolic				Irregularities per minute			

For MD Exam complete questions 16-23

16. HEART Is there any:		Enlargement <input type="checkbox"/> Yes <input type="checkbox"/> No	Edema <input type="checkbox"/> Yes <input type="checkbox"/> No	(If more than one murmur describe each separately)
		Dyspnea <input type="checkbox"/> Yes <input type="checkbox"/> No	Murmur(s) <input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/> Constant	<input type="checkbox"/> Intermittent	<input type="checkbox"/> Transmitted	<input type="checkbox"/> Localized	
<input type="checkbox"/> Systolic	<input type="checkbox"/> Presystolic	<input type="checkbox"/> Diastolic		
<input type="checkbox"/> Soft (Gr. 1-2)	<input type="checkbox"/> Mod. (Gr. 3-4)	<input type="checkbox"/> Loud (Gr. 5-6)		
Location:		Transmission:		
17. Is there any abnormality of the following: (Circle Applicable items and give details. If more room is needed, provide details in Examiner's Confidential Opinion.)				
a) Eyes, ears, nose, mouth or pharynx? (<i>If vision or hearing is markedly impaired, indicate degree and correction.</i>)				Yes No
b) Skin; lymph nodes; veins or peripheral arteries? (include scars)				<input type="checkbox"/> <input type="checkbox"/>
c) Peripheral arteries or pulses?				<input type="checkbox"/> <input type="checkbox"/>
d) Nervous system? (include reflexes, gait, paralysis)				<input type="checkbox"/> <input type="checkbox"/>
e) Respiratory system?				<input type="checkbox"/> <input type="checkbox"/>
f) Abdomen? (include scars)				<input type="checkbox"/> <input type="checkbox"/>
g) Endocrine system? (include thyroid)				<input type="checkbox"/> <input type="checkbox"/>
h) Musculoskeletal system? (include spine, joints, amputations, muscle strength)				<input type="checkbox"/> <input type="checkbox"/>
i) Mental status?				<input type="checkbox"/> <input type="checkbox"/>
18. Is there any use of adaptive devices? (cane, walker, wheelchair)				<input type="checkbox"/> <input type="checkbox"/>
19. Is appearance unhealthy or older than stated age?				<input type="checkbox"/> <input type="checkbox"/>
20. Are you aware of additional medical history; signs, symptoms or laboratory findings? (A confidential report may be sent to the Medical Director.)				<input type="checkbox"/> <input type="checkbox"/>
a) Are you related to the Applicant?				<input type="checkbox"/> <input type="checkbox"/>
b) Are you associated with the Applicant in any business or financial ventures?				<input type="checkbox"/> <input type="checkbox"/>
21. Have you any reason to believe that the Applicant uses or has used alcoholic beverages or drugs to excess?				<input type="checkbox"/> <input type="checkbox"/>
22. If you do any of the following, please indicate:				<input type="checkbox"/> <input type="checkbox"/>
Sent to Lab:		To Field Office:	<input type="checkbox"/> Other:	
<input type="checkbox"/> Blood Profile <input type="checkbox"/> Urine Specimen		<input type="checkbox"/> Chest X-Ray <input type="checkbox"/> EKG		
23. EXAMINER'S CONFIDENTIAL OPINION:				
URINALYSIS: ALWAYS SEND A URINE SPECIMEN AND BLOOD SAMPLE (IF APPLICABLE) TO APPROPRIATE LAB.				
Medical Examiner (Please Print)		Examination Company P.O. Address		Examiner #
Name of Agent (Please Print)		Print Name of Proposed Insured		Date

I certify that I made this examination at _____ o'clock ☐ A.M. ☐ P.M. on the _____ day of _____, _____

I certify that I have asked the Proposed Insured all of the questions contained in this Medical Examiner's Report and that all statements and answers are correctly recorded and are full, complete and true.

Signature of Examiner

Designation

Dated at (City and State)