

# Horace Mann Life Insurance Company

1 Horace Mann Plaza  
 Springfield, Illinois 62715-0001

## Supplemental Medical Application for life insurance

Name, address and birth date of person examined (Please print)  
 (Last) (First) (Middle)

Name \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ Birth date \_\_\_\_\_

### Medical History Within the last ten years have you had any disease or disorder as follows:

	Yes	No		Yes	No		Yes	No
1. a. Heart or blood vessels?	<input type="checkbox"/>	<input type="checkbox"/>	4. a. Genito-urinary system?	<input type="checkbox"/>	<input type="checkbox"/>	8. Eyes or ears; uncorrected visual defect; impaired hearing?	<input type="checkbox"/>	<input type="checkbox"/>
b. Blood, blood pressure, or immune disorder?	<input type="checkbox"/>	<input type="checkbox"/>	b. Kidneys or bladder?	<input type="checkbox"/>	<input type="checkbox"/>			
c. Stroke or heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>	c. Sugar, pus, albumin, blood or casts in urine?	<input type="checkbox"/>	<input type="checkbox"/>	9. Tumor or cancer?	<input type="checkbox"/>	<input type="checkbox"/>
d. Chest pain or shortness of breath?	<input type="checkbox"/>	<input type="checkbox"/>	d. Prostate?	<input type="checkbox"/>	<input type="checkbox"/>			
e. Abnormal heart rate or arrhythmia?	<input type="checkbox"/>	<input type="checkbox"/>	5. a. Brain or nervous system?	<input type="checkbox"/>	<input type="checkbox"/>	10. Alcoholism or drug abuse?	<input type="checkbox"/>	<input type="checkbox"/>
			b. Dizziness or unconsciousness?	<input type="checkbox"/>	<input type="checkbox"/>			
2. a. Lungs or bronchi?	<input type="checkbox"/>	<input type="checkbox"/>	c. Depression, anxiety, epilepsy or paralysis?	<input type="checkbox"/>	<input type="checkbox"/>	11. Weight change in past year?	<input type="checkbox"/>	<input type="checkbox"/>
b. Tuberculosis?	<input type="checkbox"/>	<input type="checkbox"/>	d. Encephalitis, multiple sclerosis, or neuritis?	<input type="checkbox"/>	<input type="checkbox"/>			
c. Pleurisy, asthma, sarcoidosis, or emphysema?	<input type="checkbox"/>	<input type="checkbox"/>				12. Breast, uterus, tubes or ovaries?	<input type="checkbox"/>	<input type="checkbox"/>
			6. a. Diabetes or gout?	<input type="checkbox"/>	<input type="checkbox"/>			
3. a. Esophagus, stomach or intestines?	<input type="checkbox"/>	<input type="checkbox"/>	b. Thyroid or glands?	<input type="checkbox"/>	<input type="checkbox"/>	13. Are medications currently being taken?	<input type="checkbox"/>	<input type="checkbox"/>
b. Liver or gallbladder?	<input type="checkbox"/>	<input type="checkbox"/>						
c. Ulcer or colitis?	<input type="checkbox"/>	<input type="checkbox"/>	7. a. Skin, muscles, bones or joints?	<input type="checkbox"/>	<input type="checkbox"/>	14. Tobacco or nicotine used within last 36 months?	<input type="checkbox"/>	<input type="checkbox"/>
			b. Arthritis or lupus?	<input type="checkbox"/>	<input type="checkbox"/>			
			c. Fibromyalgia?	<input type="checkbox"/>	<input type="checkbox"/>			

15. Other than the above, have you in the past 5 years:
- a. Had an x-ray, electrocardiogram or other diagnostic test or been advised to do so? ☐ ☐
  - b. Had surgery or been a patient at a hospital, clinic, emergency room or other medical facility? ☐ ☐
  - c. Had any other illness, injury, check-up or consultation? ☐ ☐

16. Personal physician? (Name, address, date last seen, and for what reason). \_\_\_\_\_

17. Explanation for any question answered "Yes." For tobacco, indicate in what form, how often, and how much. (List question # and give dates, severity, outcome, names and addresses of physicians, hospitals or clinics and other pertinent details.)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**It is agreed** that my answers are correctly recorded and that the Supplemental Medical Application will be included with my pending application for insurance and also of any subsequent application made by me within four months from date hereon for insurance in this company unless I then undergo another medical examination which by its terms is made a part of such application and of subsequent applications.

Signature of Proposed Insured \_\_\_\_\_ Date \_\_\_\_\_

Medical examiner (Witness) \_\_\_\_\_

Phone # \_\_\_\_\_

# Medical examiner's report to be filled out in private

Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Policy number \_\_\_\_\_

**Must** measure and weigh applicant. Sex \_\_\_\_\_ Height (in flat shoes) \_\_\_\_\_ ft. \_\_\_\_\_ in. Weight (clothed) \_\_\_\_\_ lbs.  
Measurements (males only) Chest (inspiration) \_\_\_\_\_ in. (expiration) \_\_\_\_\_ in. Abdomen (at waist) \_\_\_\_\_ in.  
Do you consider applicant to be in good health? \_\_\_\_\_ Is applicant deformed? \_\_\_\_\_  
Are you related to the proposed insured or agent? \_\_\_\_\_ Which one and how related? \_\_\_\_\_

## Blood pressure

Systolic \_\_\_\_\_  
5th phase diastolic \_\_\_\_\_  
If B.P. exceeds 140/90, additional reading at end of examination \_\_\_\_\_

## Pulse rate

\_\_\_\_\_ / min. If rate exceeds 90, additional reading at end of exam. \_\_\_\_\_ / min.  
Is there any arrhythmia? \_\_\_\_\_ If so, number \_\_\_\_\_ /min.  
Number after exercise (pulse at least 100 per min.) \_\_\_\_\_ /min.

## Urinalysis

Albumin \_\_\_\_\_ Sugar \_\_\_\_\_  
Are you forwarding a specimen of the proposed insured's urine to the laboratory? \_\_\_\_\_

**Important** — Mail specimen of urine to lab when:  
There is a history of Genito-urinary disease.  
Either albumin or sugar is found on this examination.  
Blood pressure is above 145/95 mm.

## This section to be completed by M.D. This section does not need to be completed if this is a paramedical exam.

Eyes, ears, nose or throat \_\_\_\_\_

Lungs \_\_\_\_\_

Abdominal organs \_\_\_\_\_

Endocrine system \_\_\_\_\_

Reflexes \_\_\_\_\_

Lymphatic system \_\_\_\_\_

Skin \_\_\_\_\_

Genito-urinary system \_\_\_\_\_

Is there evidence of vascular disease, arteriosclerosis, varicosities, etc.? \_\_\_\_\_

**Is there any murmur?** No \_\_\_\_\_ Yes \_\_\_\_\_ If so, complete this section.

Circle word in each line which is most suitable.

(a) **Time:** Systolic Presystolic Diastolic

(b) **Quality:** Harsh Soft Musical

(c) **Volume:** Grade I II III IV V VI

(d) **Pitch:** High Low

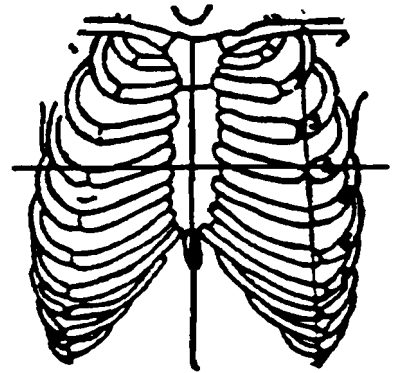
(e) **Transmitted** **Not transmitted**

(f) **Constant** **Inconstant**

(g) **Hypertrophy:** None Slight  
Moderate Marked

On chart indicate quadrant of chest in which murmur is most audible. If transmitted, indicate direction by arrow.

What is your diagnosis? \_\_\_\_\_



Remarks and details of positive findings \_\_\_\_\_

I certify that I have carefully examined \_\_\_\_\_ whose signature is affixed on the Supplemental Medical Application. The examination was made in private on \_\_\_\_\_ (date) at \_\_\_\_\_ a.m. \_\_\_\_\_ p.m.  
☐ at my office ☐ proposed insured's residence ☐ proposed insured's place of business ☐ Other \_\_\_\_\_

(Medical examiner)

(Please print)

(Mailing address of medical examiner and ZIP code)

Signature of examiner ☐ M.D. ☐ PMT ☐ R.N. ☐ Other

(Phone #)

Name of agent requesting examination \_\_\_\_\_ Amount of insurance applied for \$ \_\_\_\_\_

Examiners are requested to forward all medical forms directly to Horace Mann Life Insurance Company, 1 Horace Mann Plaza, Springfield, Illinois 62715 immediately upon completion of examination and under no circumstances deliver same to agents.